

The Queen City Academy Charter Elementary School September 2023 Breakfast/Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				9/1/23
				No School
0 /4 /00	0 /5 /00	0 // /00	0.77.000	0 (0 (00
9/4/23	9/5/23	9/6/23	9/7/23	9/8/23
No School	Breakfast:	Breakfast:	Breakfast:	Breakfast:
	Apple Yogurt	Bagel Butter	Mini Pancakes	Cereal Cocoa Bar
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Cheese
	Milk - 0%	Milk 0%	Milk 0%	Fresh Fruit
	Milk - 1%	Milk 1%	Milk 1%	Milk 0%
				Milk 1%
	1			
	Lunch:	Lunch:	Lunch:	
	Chicken Tenders	Turkey Hot Dog	Lasagna w/Tomato	Lunch:
	w/Roasted Salad	Baked Beans	Sauce	Bread Pizza
	Fresh Fruit	Fresh Fruit	Green Beans	Vegetables
	Milk 0%	Milk 0%	Fresh Fruit	Fresh Fruit
	Milk 1%	Milk 1%	Milk 0%	Milk 0%
	1		Milk 1%	Milk 1%
	1			
9/11/23	0/10/02	0/12/22	9/14/23	9/15/23
	9/12/23	9/13/23		
Breakfast:	Breakfast:	Breakfast:	Breakfast:	Breakfast:
Apple Yogurt	Stawberry Yogurt	Cinnamon Flakes	Plain Bagel w/Butter	
Fresh Fruit	Fresh Fruit	Cereal	Fresh Fruit	Fresh Fruit
Milk 0%	Milk - 0%	Fresh Fruit	Milk 0%	Milk - 0%
Milk 1%	Milk - 1%	Milk 0%	Milk 1%	Milk - 1%
		Milk 1%		
	L .			<u></u>
Lunch:	Lunch:		Lunch:	Lunch:
Beef Patty w/ Roasted	Fajita Chicken Bowl Rice		Cheese Ravioli	Pizza
Potatoes	Beans	Beef Meatballs	Tomato	Vegetables
Fresh Fruit	Fresh Fruit	Spaghetti	Green Beans	Fresh Fruit
Milk 0%	Milk 0%	Broccoli	Fresh Fruit	Milk 0%
Milk 1%	Milk 1%	Fresh Fruit	Milk 0%	Milk 1%
		Milk 0%	Milk 1%	
	1	Milk 1%		
9/18/23	9/19/23	9/20/23	9/21/23	9/22/23
Breakfast:	Breakfast:	Breakfast:	Breakfast:	Breakfast:
Banana Muffin	Apple Yogurt	Frosted Corn Flakes	Cinnamon Toast	Cinnamon Raisin Bar
Fresh Fruit	Fresh Fruit	Fresh Fruit	Crunch	Fresh Fruit
Milk 0%	Milk - 0%	Milk 0%	Fresh Fruit	Milk - 0%
Milk 1%	Milk - 1%	Milk 1%	Milk 0%	Milk - 1%
* *	1		Milk 1%	
	1			
Lunch:	Lunch:	Lunch:		Lunch:
Chicken Nuggets	Macaroni Cheese	Chicken over Brown	Lunch:	Pizza
w/Baked Beans	Broccoli	Rice w/ Corn	Chicken Tamale	Vegetables
w/bakea beans Fresh Fruit		Fresh Fruit	w/Spanish Brown	Fresh Fruit
rresn rruit Milk 0%	Fresh Fruit	Milk 0%		Milk 0%
Milk U% Milk 1%	Milk 0%		Rice and Beans Fresh Fruit	Milk 1%
IVIIIK 170	Milk 1%	Milk 1%		WIIK 176
			Milk 0%	
	1		Milk 1%	
9/25/23	9/26/23	9/27/23	9/28/23	9/29/23
7/23/23 Breakfast:	Breakfast:	Breakfast:	Breakfast:	Breakfast:
Cereal Cocoa Bar	Apple Yogurt	Honey Cereal	Plain Bagel w/butter	Cinnamon Flakes
		•		Cereal
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	
Milk 0%	Milk - 0%	Milk 0%	Milk 0%	Fresh Fruit
Milk 1%	Milk - 1%	Milk 1%	Milk 1%	Milk - 0%
	1			Milk - 1%
	1			
Lunch:	Lunch:	Lunch:	Lunch:	
	Lasagna	Chicken w/BBQ	Turkey Fajita w/	Lunch:
Salisbury Steak Gravy		Sauce Rice & Baked	Brown Rice	Pizza
	Green Beans	babee nice a banea		
Salisbury Steak Gravy Roasted Vegetables Fresh Fruit	Green Beans Fresh Fruit	Beans	Fresh Fruit	Vegetables
Roasted Vegetables			Fresh Fruit Milk 0%	Vegetables Fresh Fruit
Roasted Vegetables Fresh Fruit	Fresh Fruit	Beans		
Roasted Vegetables Fresh Fruit Wilk 0%	Fresh Fruit Milk 0%	Beans Fresh Fruit	Milk 0%	Fresh Fruit

 Full Price Breakfast
 \$2.80
 \$53.20

 Full Price Lunch
 \$3.80
 \$72.20