



The Queen City Academy Charter School
April 2017 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3[B-Day] W.G Chicken Nuggets 5ea Whole Wheat Bread 1sl Baked French Fries 3/4 Cup Apple Sauce Cup 1/2C 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz PC Ketchup 1ea	4[C-Day] Turkey and American Cheese on a Whole Wheat Hero Roll 2oz Large Bag Baby Carrots 3/4c 100% Orange Juice 4oz 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz PC Mayo 1ea PC Mustard 1ea	5[D-Day] Grilled Chicken w/ Marsala Sauce 2.5oz Whole Wheat Biscuit 2 oz Broccoli 3/4C Fresh Banana 1ea 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz	6 [E-Day] Box Lunch	7[F-Day] Hamburger 2.8oz Whole Wheat Hamburger Bun 1ea Garden Salad 1 1/4 Cup PC Italian Dressing 1ea 100% Fruit Punch 4oz 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz PC Ketchup 1ea
10[A-Day] Meatballs w/ Marinara Sauce 4ea Whole Wheat Hero Roll 1ea Spinach 3/4 Cup Raisins 1 Box 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz	11[B-Day] Homemade Baked Ziti 6oz Whole Wheat Mountain Roll 1ea Honey Glazed Whole Baby Carrots 3/4 Cup 100% Grape Juice 4oz 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz	12[C-Day] Grilled Chicken Salad 2 Cups Romaine Lettuce 1 1/2 Cup Grilled Chicken Strips 2.5 oz Shredded Mozzarella .5oz W.G Croutons 1/4 Cup PC Ranch Dressing 1ea Whole Wheat Bread 1sl 100% Fruit Punch 4oz 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz	No Lunch	No Lunch
No Lunch	No Lunch	No Lunch	No Lunch	No Lunch
24[D-Day] All Beef Hot Dog 1ea Whole Wheat Hot Dog Bun 1ea Corn 3/4 Cup 100% Fruit Punch 4oz 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz PC Ketchup 1ea PC Mustard 1ea	25[E-Day] Beef and Cheese Burrito 1ea Whole Wheat Bread 1sl Red Beans 3/4 cup Fresh Tangerine 1ea 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz	26[F-Day] Popcorn chicken 3oz Whole Wheat Mountain Roll 1ea Honey Glazed Whole Baby Carrots 3/4 Cup 100% Grape Juice 4oz 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz PC Ketchup 1ea	27[A-Day] BBQ Beef Rib 1ea Whole Wheat Bun 1ea Broccoli 3/4C Fresh Banana 1ea 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz	28[B-Day] Hamburger 2.8oz Whole Wheat Bun 1ea Garden Salad 1 1/4 Cup PC Creamy Italian 1ea Pineapples 1/2 Cup 1% Milk 8oz Fat Free Chocolate,Fat Free Strawberry Milk or Skim 8oz PC Ketchup 1ea

Full Price

\$3.00

\$39.00

Reduced Price

\$0.40

\$5.20

PLEASE PAY FOR ALL MEALS IN ADVANCE OF PURCHASE

Don't forget, meals can be paid online by going to www.mypaymentsplus.com